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The Feedback Literacy Behaviour Scale (FLBS)

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For the below questions, please think about what you usually do in your studies, and rate how often you do these things.

		1	2	3	4	5	6
		Never	Almost Never	Rarely	Sometimes	Almost always	Always
Seek feedback information (SF)							
SF1	I reflect on the quality of my own work and use my reflection as a source of information to improve my work.	①	②	③	④	⑤	⑥
SF2	I seek out examples of good work to improve my work.	①	②	③	④	⑤	⑥
SF3	When other people provide me with input about my work I listen or read thoughtfully.	①	②	③	④	⑤	⑥
SF4	When I am working on a task, I consider comments I have received on similar tasks.	①	②	③	④	⑤	⑥
SF5	I ask for comments about specific aspects of my work.	①	②	③	④	⑤	⑥
Make sense of information (MS)							
MS1	I carefully consider comments about my work before deciding if I will use them or not.	①	②	③	④	⑤	⑥
MS2	When receiving conflicting information about my work from different sources, I make a judgement about what I will use.	①	②	③	④	⑤	⑥
MS3	When deciding what to do with comments, I consider the credibility of their sources.	①	②	③	④	⑤	⑥
MS4	I consider how comments relate to criteria or standards.	①	②	③	④	⑤	⑥
Use feedback information (UF)							
UF1	I check whether my work is better after I have acted on comments.	①	②	③	④	⑤	⑥
UF2	I use comments on my work to refine my understanding of what good quality work looks like.	①	②	③	④	⑤	⑥
UF3	When receiving comments I plan how I will use them to improve my future work, not just the immediate task.	①	②	③	④	⑤	⑥

		1	2	3	4	5	6
		Never	Almost Never	Rarely	Sometimes	Almost always	Always
UF4	I keep comments on previous work to use again in the future.	①	②	③	④	⑤	⑥
UF5	When I receive comments from others, I use them to improve what I'm working on at the time.	①	②	③	④	⑤	⑥
Provide feedback information (PF)							
PF1	When commenting on the work of others, I provide constructive criticism.	①	②	③	④	⑤	⑥
PF2	I comment on other people's work when I am invited to.	①	②	③	④	⑤	⑥
PF3	When commenting on other people's work I refer to standards or criteria.	①	②	③	④	⑤	⑥
PF4	I offer to provide feedback to my peers.	①	②	③	④	⑤	⑥
PF5	I try to be very clear when providing feedback comments to others.	①	②	③	④	⑤	⑥
Manage affect (MA)							
MA1	I am open to reasonable criticism about my work.	①	②	③	④	⑤	⑥
MA2	I deal well with any negative emotional responses I have to feedback information.	①	②	③	④	⑤	⑥
MA3	When a feedback message is valuable but upsetting or annoying, I still find a way to make use of it.	①	②	③	④	⑤	⑥
MA4	Critical comments motivate me to improve my work.	①	②	③	④	⑤	⑥
MA5	I make use of critical comments even if they are difficult to receive.	①	②	③	④	⑤	⑥